



September 30, 2025, National Truth and Reconciliation Day Resources

Continue creating a baseline of knowledge for ACOT staff and Council (choose at least one item from the following list):

OT-specific and health system materials of interest:

Occupational Therapy, Truth & Reconciliation, and Indigenous Health

<https://caot.ca/site/adv-news/advocacy/trc-indigenous?nav=sidebar&banner=5>

Occupational Therapy Statement of Commitment to Indigenous Peoples

https://caot.ca/document/8227/TRC_CommitmentStatement_EN_June2024.pdf

Alberta Health Services T&R Day materials

<https://together4health.albertahealthservices.ca/2025-ndtr>

Action Items – choose at least one of the following activities:

- **Wear Orange** - Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30. [Orange Shirt Day](#) is a commemorative day led by Indigenous communities to raise awareness about the intergenerational impacts of residential schools on children, families, and communities. It honours Indigenous children who were lost in the residential school system. The orange shirt symbolizes the loss of culture, freedom, and self-esteem that many Indigenous children experienced. This day reminds us that “**Every Child Matters**”. On September 30, all Canadians are encouraged to wear orange to honour the thousands of Survivors of residential schools.
- **National Commemorative Gathering** – APTN and the National Centre for Truth and Reconciliation invite Canadians to take part in the National Commemorative Gathering: [Remembering the Children – National Day for Truth and Reconciliation](#). This 90-minute commemorative event highlights survivors as well as Indigenous artists. The event will be broadcast live from Parliament Hill, starting at 3 p.m. (ET) on the APTN channel and on several major television and radio networks.
- **Visit your city/town’s events:**
 - https://www.edmonton.ca/attractions_events/schedule_festivals_events/national-day-for-truth-and-reconciliation
 - <https://www.calgary.ca/events/orange-shirt-day.html>
 - <https://stalbert.ca/supports/truth-reconciliation/>
 - <https://www.cochrane.ca/community-and-culture/community-events/community-gathering-honouring-national-day-truth-and>
- **Review resources and activities from the National Centre for Truth and Reconciliation** <https://trw-svr.nctr.ca/>



- **Take some training**
 - Indigenous Canada Massive Online Open Course (MOOC) <https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>
 - BCIT MOOC Indigenous Awareness <https://www.bcit.ca/free-online-learning/citizenship-courses/mooc-0200-indigenous-awareness/>
- **Listen to a podcast**
 - <https://alumni.ucalgary.ca/stories/podcast/126-truth-reconciliation>
 - <https://podcasts.apple.com/ca/podcast/unsettled-journeys-in-truth-and-conciliation/id1542284515>