

September 30, 2023, National Truth and Reconciliation Day Resources

Continue creating a baseline of knowledge for staff and Council (choose at least one item from the following list):

Government of Canada's Progress - Delivering on the Truth and Reconciliation Commission's Calls to Action:

<https://www.rcaanc-cirnac.gc.ca/eng/1524494530110/1557511412801>

Indigenous History

<https://www.canada.ca/en/services/culture/history-heritage/indigenous-history.html>

OT-specific and health system materials of interest:

Occupational Therapy, Truth & Reconciliation, and Indigenous Health

<https://caot.ca/site/adv-news/advocacy/trc-indigenous?nav=sidebar&banner=5>

Alberta Health Services T&R Day materials

<https://together4health.albertahealthservices.ca/2023-ndtr>

Action Items – choose at least one of the following activities:

- **CBC Gems** – select a film in the Indigenous Stories section, e.g., Telling Our Story
<https://gem.cbc.ca/telling-our-story/s01>
- **National Film Board** – select a film from one of the Indigenous Peoples in Canada channels:
<https://www.nfb.ca/subjects/indigenous-peoples-in-canada-first-nations-and-metis/>
<https://www.nfb.ca/subjects/indigenous-peoples-in-canada-inuit/>
- **Visit a museum's Indigenous exhibits.**
- **Check out** the Indigenous People's Experience in Fort Edmonton Park.
- **Review resources and activities** from the National Centre for Truth and Reconciliation with your kids
<https://nctr.ca/education/coming-soon-truth-and-reconciliation-week-2023/>
- **Take some training**
 - Indigenous Canada Massive Online Open Course (MOOC) <https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>
 - BCIT MOOC Indigenous Awareness <https://www.bcit.ca/free-online-learning/citizenship-courses/mooc-0200-indigenous-awareness/>
- **Listen to a podcast**
 - <https://www.kairoscanada.org/missing-murdered-indigenous-women-girls/podcasts>