September 30, 2021, National Truth and Reconciliation Day Resources

<u>Creating a baseline of knowledge for staff and Council</u> (choose at least one item from the following list):

Truth and Reconciliation Commission of Canada: Calls to Action (2015)

https://ehprnh2mwo3.exactdn.com/wp-content/uploads/2021/01/Calls to Action English2.pdf

Implementing the United Nations Declaration on the Rights of Indigenous Peoples in Canada https://www.justice.gc.ca/eng/declaration/read-lire.html

Lessons Learned Survivors Perspectives (National Centre for Truth and Reconciliation, 2020)

https://ehprnh2mwo3.exactdn.com/wp-content/uploads/2021/01/Lessons learned report final 2020.pdf

OT-specific and other materials of interest:

Occupational Therapy and Indigenous Health Network - Cultural safety resources and readings https://caot.in1touch.org/site/pd/otn/otahn?nav=sidebar

<u>Action Items</u> – choose at least one of the following activities:

- Sign up for daily activities online from the National Truth and Reconciliation Commission: https://www.eventbrite.ca/e/truth-and-reconciliation-week-tickets-153491752965
- Podcasts Twisted Histories, Muddied Water, Kiwew free on the CBC Listen app
- TV shows/movies e.g. Where the Spirit Lives, Indian Horse on Netflix or visiting a museum's Indigenous exhibits.
- Reconciliation actions e.g. writing a letter to your MP about one or more of the TRC Calls to Action
 that you see as most urgent, attending an Orange Shirt Day gathering in your community (or joining
 on livestream).
- Family learning resources and reading options for children: https://nctr.ca/education/teaching-resources/
- Learn more about the history of Indian Residential Schools in Canada with this short video from @HistoricaCanada (5m 39s): https://youtu.be/VFgNI1lfe0A
- Learn more about orange shirt day https://www.orangeshirtday.org/phyllis-story.html