

Examples of CCP Submissions to accompany CCP Information Session slide deck

Example 1

Area of focus

4.3 Administer standardized tests according to established protocols if this method of assessment is appropriate. Deviation from standard testing protocols and modification of test administration shall be documented.

* Please reflect on why you have selected this as an area of focus for this registration year including how you anticipate your competence (knowledge, skills, attitudes and judgement) in the selected area of focus will be enhanced (3000 character limit)

With the rapid shift to virtual care delivery at the start of the pandemic, my team members and I needed to determine whether the standardized assessment tools and treatment modalities we commonly use with our students were still valid and reliable when delivered over videoconferencing applications.

* Write a goal statement (e.g. SMART - specific, measurable, achievable, realistic, tangible) relating to the outcome(s) you hope to attain in this area of focus (Limit 3000 characters).

By the end of the school year (June 2020) I will work with my colleagues to research ways to modify testing and treatment protocols and for virtual administration or propose alternate ways to deliver OT services and assess student progress.

LEARNING ACTIVITY RECORD

- Click the add button below to record your activities for this registration year
- Only list activities which have been completed in this registration year

Add Click here to add a new Learning Record

* Activity
Consultation or networking with colleagues or others

* Description
Review of assessment tool developer resources and discussion with other school-based OTs

* Date completed
2021-02-26

* Duration (hours)
15

* Related standard of practice or code of ethics indicator
4.3

Indicator
Administer standardized tests according to established protocols if this method of assessment is appropriate. Deviation from standard testing protocols and modification of test administration shall be documented.

* Summary of learning and impact on practice
The assessment tool developer prepared recommendations for clinicians on the limitations of administration over videoconferencing. We discussed this with other OTs in nearby school boards and districts and OTs in private practice and given the limitations on the validity and reliability of the results was too great, our team proposed the use of a observation based functional assessment as an interim measure until we could proceed with in-person assessments again (hopefully in the fall). I've attached the proposal our team presented to management as well as the information letter we provided to the families as part of the consent to proceed with virtual service delivery (scanned into one pdf document). I learned so much about what goes into the standardization of assessment tools. The collaboration with other OTs was so valuable and I received feedback that some even modified our proposal and letter for their own purposes which is great. The families were appreciative of the explanation we provided about the changes in the assessment and treatment process and being able to see the students function in their home environment was a bonus.

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proposal for alternate ax &tx process during covid and information letter for families

Year End Reflection

* Please reflect on how these learning activities have changed or benefitted your practice. A reflection may include, but is not limited to, the following:

- how you are applying what you have learned from the various activities in your practice
- why completing these activities was important for your professional development and/or how it has evolved your practice

(Note: to be completed after the activities for the area of focus are completed or at the end of the registration year at the time of registration renewal) (Limit 3000 characters)

I set this goal back in March after the schools were closed - and the goal as it was written has been completed (see the reflections in the 3 Learning Records for to this goal). I think the thing that was most impactful for me was the collaboration with my colleagues outside of my school board. Sometimes we get so busy, we forget to reach out to ask for or collaborate in the development of resources that we can all benefit from using. I have made some really good connections with other OTs that will serve me and my team in the months to come.

Note: As things shifted again in the Fall when we returned to in-person service delivery, I set a new goal for my employer performance agreement in October relating to establishing protocols for cleaning and disinfecting of the test stimuli between uses and Infection prevention and control best practices for OTs and TAs for working between classrooms and schools. I will include that goal in my 2021-22 Learning Plan (possibly tied to this same indicator or maybe 9.2?)

Example 2

Area of focus

9.2 Demonstrate safe work practices by identifying potential risks and minimizing those risks in the practice setting.

* Please reflect on why you have selected this as an area of focus for this registration year including how you anticipate your competence (knowledge, skills, attitudes and judgement) in the selected area of focus will be enhanced (3000 character limit)

As the allied health team lead for a long-term care provider in Alberta, I am responsible for ensuring the OTs, PTs and Therapist Assistants employed by our organization are all aware of and trained in the safe delivery of rehabilitation services to our residents during the the current pandemic or any other ILI or GI outbreak.

* Write a goal statement (e.g. SMART – specific, measurable, achievable, realistic, tangible) relating to the outcome(s) you hope to attain in this area of focus (Limit 3000 characters).

I will review the Infection Prevention & Control resources already prepared by my organization and amend them as needed according to the guidance prepared by AHS for Health Professionals and the ACOT Guideline on the Safe Delivery of OT Services in the Pandemic. I will work through the various resources with the staff during our monthly allied health team meetings.



* Activity

Teaching/mentoring students, peers, other colleagues

* Description

Review and modification of IPC resources and training sessions with staff

* Date completed

2020-11-30

* Duration (hours)

16

* Related standard of practice or code of ethics indicator

9.2

Indicator

Demonstrate safe work practices by identifying potential risks and minimizing those risks in the practice setting.

* Summary of learning and impact on practice

I modified my organization's existing IPC and outbreak management resources for the rehabilitation staff referencing materials prepared by AHS and other long-term care operators in Alberta (I put a request in through the OTs in LTC Interest Group which is an amazing group of OTs that are so willing to share ideas and best practices). I worked together with the allied health reps from each site to establish protocols for prioritizing and scheduling resident care so that residents minimum rehabilitation needs could be met while also keeping residents and staff as safe as possible. I've attached a copy of one of the resources I modified specifically for COVID symptom assessment so rehab staff know what PPE to wear when providing therapy with residents that are non-verbal.



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[modified point of care risk assessment for non-verbal residents](#)

Year End Reflection

* Please reflect on how these learning activities have changed or benefitted your practice. A reflection may include, but is not limited to, the following:

- how you are applying what you have learned from the various activities in your practice
- why completing these activities was important for your professional development and/or how it has evolved your practice

(Note: to be completed after the activities for the area of focus are completed or at the end of the registration year at the time of registration renewal) (Limit 3000 characters)

This year has been exhausting. Although I was always impressed with our infection control and outbreak protocols in LTC, this virus has hit us all so hard. We were functioning really well at the beginning and only one of our sites had a small and well-contained outbreak. Since October, the Allied Health staff I lead have been pulled in to assist with COVID testing and even assisting with feeding and personal care when our organization could not recruit additional Health Care Aides to replace the ones off on isolation. I believe the preparatory work we did for the safe delivery of rehab services, made everyone feel more confident to take on these unfamiliar tasks/duties. What I am taking from this past year (and in to the next year) is a greater appreciation of the importance of clear and responsive communication with staff and collaboration with OTs and other health professionals from outside of our organization.

Example 3

* Please reflect on why you have selected this as an area of focus for this registration year including how you anticipate your competence (knowledge, skills, attitudes and judgement) in the selected area of focus will be enhanced (3000 character limit)

I selected this indicator from the Code of Ethics as it was one of the options proposed by ACOT to set a goal related to the completion of the mandatory modules on maintaining appropriate boundaries (Sexual Abuse and Sexual Misconduct).

* Write a goal statement (e.g. SMART – specific, measurable, achievable, realistic, tangible) relating to the outcome(s) you hope to attain in this area of focus (Limit 3000 characters).

I will complete the mandatory modules on maintaining appropriate boundaries during the 2020-2021 registration year.

* Activity

Participation in learning sessions (conferences, workshops, in-services, webinars, etc.)

* Description

Mandatory modules on sexual abuse and sexual misconduct

* Date completed

2020-10-22

* Duration (hours)

2

* Related standard of practice or code of ethics indicator

11.2

Indicator

providing services and maintaining relationships with clients, colleagues and others in an unbiased manner

* Summary of learning and impact on practice

I have to admit, I didn't enter in to these modules with the best attitude as I have always done my best to maintain appropriate boundaries with my clients and their families. However, I was surprised at how eye-opening these modules were for me. I am now more certain than ever that erring on the side of caution is the best practice for all health professionals given the power differential that exists in the therapist-client relationship no matter how collegial and equal I try to make my interactions.



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mandatory module completion certificate

Year End Reflection

* Please reflect on how these learning activities have changed or benefitted your practice. A reflection may include, but is not limited to, the following:

- how you are applying what you have learned from the various activities in your practice
- why completing these activities was important for your professional development and/or how it has evolved your practice

(Note: to be completed after the activities for the area of focus are completed or at the end of the registration year at the time of registration renewal) (Limit 3000 characters)

See the reflection section in the Learning Record for this goal for my thoughts immediately after completing the modules. In the three months since I completed them, there has been one notable instance where I was able to apply my learnings. A parent of one of my clients asked if we could keep in contact via social media when my contract with the child ended. I really enjoyed this person's company and we have so many things in common, I'm sure we would be friends if we ever met in a different context. However, knowing that it could be hard to separate my OT self from my friend self (and worried that I could be pulled into offering advice about the child which could interfere with the relationship the parent develops with the next OT), I politely declined the request. The parent understood my reasoning and thanked me for my frankness.